



## Regulations for the use of the 25-metre pool and recreational pool

- 1- Everyone without exception must take a shower before entering the pool and recreational pool.
- 2- Everyone must wear a bathing cap in the pool and recreational pool.
- 3- Glass containers of any kind are forbidden in the pool area.
- 4- Street shoes are not to be worn on the pool deck.
- 5- It is forbidden to run, push or shove people, or play dangerous games either in the pool or on the pool deck.
- 6- Diving is permitted in the designated areas only. Please consult the lifeguard.
- 7- It is forbidden to bring food, beverages of any kind or gum to the pool area. Smoking is strictly forbidden.
- 8- At the sound of three (3) whistle blows, everyone must get out of the pool and recreational pool immediately.
- 9- The lifeguard is responsible for your safety in the pool and recreational pool. Please follow his/her instructions.
- 10- If pool rules and policies are not respected you may be asked to leave the pool area.

## Regulations for children's pool and recreational pool access:

- Children under 8 years of age **must** be accompanied by a guardian aged 16 years or older at all times. The guardian must also be in the water with the child, at arm's reach, if the child cannot swim 5 meters.
- Children between the ages of 8 and 11 years can swim alone but they **must** be escorted to the pool area by a guardian 16 years old or older.
- Children 12 years and older are allowed to swim in the pool and recreational pool by themselves.