

## JOB OPPORTUNITY

<b>Job Title</b>	<b>Tai Chi Instructor</b>
<b>Centre</b>	Downtown (Collège de Montréal)
<b>Status</b>	Part-time
<b>Work schedule</b>	Tuesdays 7:15PM – 8:15PM
<b>Salary Scale and/or Hourly rate</b>	<b>\$20 without certification</b>
<b>Department</b>	Health, Fitness and Recreation
<b>Duration</b>	September to December (with the possibility to renew)
<b>Titre of Supervisor</b>	Assistant Coordinator, Group Fitness
<b>Summary</b>	<ul style="list-style-type: none"> <li>The selected candidate will teach Beginner/ Introductory Tai Chi classes to adults 50 + at the Collège de Montréal. They will plan, demonstrate and execute the Tai Chi class according to the fitness level of the group. The instructor will assist participants and correct posture when needed.</li> </ul>
<b>Duties</b>	<ul style="list-style-type: none"> <li>Adapt the routine and create an inclusive class environment by providing options or modifications to encourage members to work at their own pace.</li> <li>Circulate and observe participants while providing feedback and corrections when necessary.</li> <li>Intervening with tact and diplomacy if a member performs an exercise with potential risks of injury.</li> </ul>
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>YMCA Fitness Instructor (FIT) Certification or equivalent recognized certification or experience in specialty.</li> <li>C.P.R. (HeartSaver) with AED Certification (annual renewal)</li> <li>Bilingual (spoken – English and French)</li> </ul>
<b>Employment Start Date</b>	September 28 <sup>th</sup> , 2010

*\* Please note that all successful candidates will be required to provide copies of certifications as well as pass an audition\**

Please send your CV and cover letter

By : **2010-08-31**

To **Priscilla Jabouin**, Assistant Coordinator, Group Fitness

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